



■ Veggie Breakfast Burrito 15 Eggs, avocado, cheddar

& Jack cheese, sautéed

wrapped in a giant green

spinach tortilla, with salsa

Lydia's Breakfast Bowl 14.75

Two eggs any style, sliced

spinach, cherry tomatoes,

sprinkle of everything "but"

Add chicken apple sausage

onions, garlic sauce & a

the bagel seasoning.

Make it vegan: sub the

Carnivore-ize it! 4

Banana & Chocolate

Bananas, chocolate chips,

walnuts, slivered blanched

seeds, raisins & coconut

flakes on top of creamy

Loula's Breakfast Toast 14

Rich Mediterranean cheese

base topped with sun dried

cheese, green olives, capers,

chopped basil, olive oil & a

sprinkle of secret seasoning.

Peanut Butter, Bacon & Banana

2 Slices of rustic sourdough

sunflower & sesame seeds, walnuts, almonds, coconut & whole wheat flakes. Drizzled with caramel & lightly dusted with powdered sugar.

Morning Bun, Butter Croissant, Chocolate Croissant

bacon, banana slices,

or Almond Croissant 4.5

organic honey oats,

topped with creamy peanut butter, Applewood smoked

Breakfast Toast 14

Add smoked salmon 7,

bacon 5, 2 eggs 4.25

or 3 eggs 5.5

tomatoes, crumbled feta

organic honey oats granola,

almonds, sunflower & sesame

Granola Bowl 11

Greek yogurt.

eggs for tofu

avocado, roasted potatoes,

& sour cream.

onions, mushrooms & spinach



Steel Cut Oatmeal 9

slivered almonds

Add fresh berries 4

or walnuts.

Pick 3: milk, brown sugar,

raisins, dried cranberries,

Crumbs Toasts

■ Avocado Toast 13.5

Perfectly seasoned

fresco & arugula.

or 3 eggs 5.5

avocado mash topped

with crumbled queso

Add smoked salmon 7,

Pastries & Treats

Add Coffee 3, or Hot Chocolate 3.5

Early Crumbs 7:00 - 9:00 am Daily

Rise & Shine 11 (13 after 9 am) Add coffee 3 (3.95 after 9 am)

2 eggs + choice of 2 link sausages or 2 strips of bacon + choice of hash browns, home potatoes, a buttermilk pancake or a cup of fruit + choice of toast. No substitutions please.

Chocolate Chip Cookie 4.5

Fresh-baked generously sized & super chocolatey!

bacon 5, 2 eggs 4.25

