KETO Like a Boss!

Add a cup of fresh berries to any of these Keto-friendly choices 3.5

KETO FRIENDLY

GLUTEN FREE

K GF Joe's Keto Scramble 17
Rosemary ground chuck, cheddar, sautéed mushrooms, spinach & onions. Served with choice of sliced tomatoes or green salad.

K GF Keto NY Steak* & Eggs 22.5
Certified Angus® NY steak flame-broiled to your taste & 3 eggs any style. Served with choice of sliced tomatoes or green salad.

K GF Keto A-B-C Burger* 17.5
1/2 pound hand-pressed Certified Angus® chuck, avocado, bacon, cheddar, arugula, tomato & caramelized onions. Served on lettuce with a side of green salad & choice of blue cheese or ranch dressing.

Add a fried egg 3

K GF Chicken Guacamole Keto Sandwich 16.75
Blackened chicken breast, bacon, guacamole, Jack cheese, roasted chili peppers, onions, tomatoes & lettuce. Served on lettuce with choice of sliced tomatoes or green salad.

K GF V+ Chia Coconut Pudding 11
Refreshing, vegan, gluten-free, keto-friendly creamy deliciousness! Made with coconut & almond milk, strawberries & blueberries.
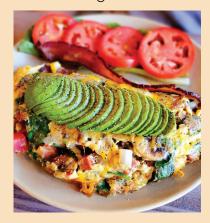
Add walnuts, almonds & peanut butter 3.5
Sweet tooth? Add honey & bananas 3

K GF Crumbs & All Keto Omelet 18
Applewood smoked bacon, rosemary ground chuck, Italian sausage, linguiça, cheddar, avocado, sautéed mushrooms, spinach, peppers, tomatoes & onions. Served with choice of sliced tomatoes or green salad.
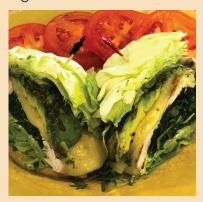
K GF Keto B.L.T. 15.25
Thick-cut Applewood smoked bacon & tomato, served on lettuce with a side of green salad.

Add grilled chicken 3
Add avocado 3

K GF Santa Fe Keto Omelet 17
Chorizo, Monterey Jack, black olives, Ortega chiles, tomatoes & onions topped with fresh salsa & sour cream. Served with choice of sliced tomatoes or green salad.

K GF California Chicken Keto Sandwich 17.25
Flame-broiled chicken breast, Monterey Jack, avocado, pesto & arugula, served on lettuce with choice of sliced tomatoes or green salad.

K GF V Keto Shakshouka 16.25
Two fried eggs or scrambled on a spicy sauce of stewed tomatoes, onions, red peppers & garlic. Topped with crumbled feta & cilantro. Served with a side of green salad.

Add an egg 3
Add avocado 3

***Carnivore-ize it!* 4**
Add chorizo & linguica